



# KARIKUY GUIDE 2023 EDITION



## TABLE OF CONTENTS

INTRODUCTION .....	3
PACKING LISTS .....	3
ARRIVAL TIPS .....	8
TOUR INFORMATION .....	11
FOOD & TIPPING .....	11
SAFETY PRECAUTIONS .....	12
GENERAL TIPS .....	12
RESTAURANT RECOMMENDATIONS .....	14
LANGUAGE GUIDE .....	17
CONTACT INFORMATION .....	21

## INTRODUCTION

Traveling to a new foreign country can often become stressful and confusing, especially if you don't know the language. At Karikuy we pride ourselves in getting you familiar with the atmosphere and letting our customers know that they are in good hands.

This guide was created for the sole purpose of giving you travel tips as well as valuable advice about cultural customs in Peru so that for a day, a week or a even a month you'll become Peruvian. Follow these tips and study the information and you will have a smooth and stress free trip. Enjoy your adventure in Peru, we're delighted to show you around!



## PACKING LIST AND LUGGAGE TIPS

The following packing lists are for the different tour program and treks we offer. Please read the information carefully for your own program, some items are exclusive to the areas you are visiting. If you have any questions regarding packing and your program please don't hesitate to [contact us](#).

It is always recommended to pack light as you can, this not only frees you from the weight of transporting your bags but also allows you to have space to purchase souvenirs and gifts. It is recommended you leave all unnecessary valuables and jewelry at home.

Please remember to always keep your luggage secure, buy small locks when storing in your hotel/hostel room. Store any valuables at safety boxes located in your hotel/hostel. We are not responsible for any lost luggage as stated on our terms. Make sure you always know where your luggage and bags are. Keep in mind that most theft occurs in hotels/hostels and are committed by patrons and other travelers.

## CONVENTIONAL TOUR PACKING LIST

Recommended for Machu Picchu Sunrise Tour, MP 2 Day Tour etc

Conventional tours do not include treks and are normally one day and half day tours departing and returning to your hotel/hostel. For these tours you will not need a large framed backpack unless you find them more easy to transport. Regular luggage is recommended, if they can be wheeled around even better as you will still have to transport them from the airport/bus station to your hotel. **The Most important item to pack is your current passport, please make copies and take good care of them.**

1. Luggage - We recommend 1 small hand luggage ( 5kg/ 11 lb max) and one piece of checked luggage (23kg/ 50 lb max).
2. Day pack - Small backpack for when on tours to store water, cameras etc.
3. Comfortable walking or hiking boots with good ankle support, preferably water proof.
4. Clothing - long pants (zip-off pants are very useful), Shorts, Short and long sleeved shirts.

Underwear and socks (thermal underwear is highly recommended, being light, warm and makes good nightwear on cold nights).

Breathable Socks, Sweaters, Light waterproof windbreaker, rain poncho (can be purchased for cheap in Cusco). Swimsuit is optional as well as pajamas and hats (can be purchased in Peru)

5. Waterproof Plastic bags, large garbage bags and smaller zip log bags for organizing gear and dirty clothes
6. Money belt, security patch, document organizer.
7. Towel, washing items and toiletries (shampoo, soap, hairbrush, hand sanitizer, deodorant etc).
8. Sun cream, lip salve, sun glasses.
9. Basic first aid kit. (Dramamine for motion sickness, Imodium AD for Upset Stomach, Ciprofloxacin for bacterial infections due to the consumption of street foods.)
10. Insect repellent.
11. Camera + Power Converter (220/240VAC)

Optional extras include:

14. Candy for children you will meet.
15. Plastic sandals - useful for in the shower.
16. Several good novels, pack of cards.
17. Binoculars
18. Water bottle (mineral water can be bought throughout Peru)

A power converter is one of the more important items you shouldn't forget, you will need it to charge your camera and any other electrical devices you bring. Don't forget a good sized day pack as you don't want to be carrying around all your luggage from place to place. You can leave any equipment or luggage not being used with your hotel/hostel or tour operator.

Toilet paper is a must as most public bathrooms in Peru are out of stock, toilet paper can be purchased in Peru if there is no more space in your baggage. Also medicines for an upset stomach is a must. Those are the most important items that you should not forget.

## INCA TRAIL & 4 DAY CAMPING TREK PACKING LIST

This packing list can be used for 4 day treks to Machu Picchu and elsewhere which requires some additional equipment. For one if you don't plan on renting a sleeping bag from us then we recommend you bring your own sleeping bag, a four season (-10) bag is recommended. A sleeping bag liner is also a good idea for added warmth and comfort. Foam Sleeping mats are provided, you should consider bringing you own air mat for added comfort. **The Most important item to pack is your current passport, please make copies and take good care of them. You will not be allowed on the trail without the same passport used to make your reservation.**

**The following packing list is recommended for the 4 Day Inca Trail, the 2 Day Inca Trail does not include camping as you stay in Aguas Calientes at a hotel or hostel.**

1. Backpack (65 liters should be quite sufficient). Plastic bags for waterproofing.
2. Day pack - Small backpack for when on tours to store water, cameras etc.
3. Comfortable water proof walking boots with good ankle support.
4. Clothes
  - 2 pairs long trousers (lightweight)
  - 2 T-shirts

- 1 short-sleeved shirt
- 1 long-sleeved shirt
- 1 pair shorts

Underwear and socks (thermal underwear is highly recommended, being light, warm and makes good nightwear on cold nights).

- 5. Fleece jacket
- 6. Hat or cap to protect from the sun.
- 7. Towel plus, swim wear & washing items.
- 8. Sun cream, lip salve, sun glasses.
- 9. Rain jacket or poncho.
- 10. Basic first aid kit. (Dramamine for motion sickness, Imodium AD for Upset Stomach, Ciprofloxacin for bacterial infections due to the consumption of street foods.)
- 11. Insect repellent.
- 12. Money belt.
- 13. Camera + Power Converter (220/240VAC)

Optional extras include:

- 14. Candy for children you will meet.
- 15. Plastic sandals - useful for in the shower.
- 16. Several good novels, pack of cards.
- 17. Binoculars
- 18. Water bottle (mineral water can be bought throughout Peru)

A power converter is one of the more important items you shouldn't forget, you will need it to charge your camera and any other electrical devices you bring. Don't forget a good sized day pack as you don't want to be carrying around all your luggage from place to place. You can leave any equipment or luggage not being used with your hotel/hostel or tour operator. Toilet paper is a must as most public bathrooms in Peru are out of stock, toilet paper can be purchased in Peru if there is no more space in your baggage. Also medicines for an upset stomach is a must.

Trekking (long hikes):

\*\*It's important you bring snacks on your trip, you burn a lot of calories and do a lot of exercise walking the trek. Even if it's not a difficult trek the high altitude of certain locations causes your body to use more energy. You may encounter abnormal hunger and thirst, for this it is recommended to bring snacks to supplement your included meals.\*\*

## **SALKANTAY TREK & 5 DAY CAMPING TREK PACKING LIST**

For 5 day camping treks such as the Salkantay Trek the packing list is very similar to the Inca Trail, just keep in mind that you have to pack clothing for an extra day. Also we recommend you pack a swimsuit for the hot springs which are available on the Salkantay trek and at Machu Picchu.

Trekking (long hikes):

\*\*It's important you bring snacks on your trip, you burn a lot of calories and do a lot of exercise walking the trek. Even if it's not a difficult trek the high altitude of certain locations causes your body to use more energy. You may encounter abnormal hunger and thirst, for this it is recommended to bring snacks to supplement your included meals.\*\*

## **JUNGLE INCA TRAIL PACKING LIST**

The Jungle Inca Trail does not have camping therefore camping equipment is not necessary. As with all the other treks we offer, you must bring your passport with you, make sure you have copies and keep the original in a tight Ziploc bag to avoid it getting wet or damaged.

1. Well worn-in waterproof walking boots : Good quality, comfortable footwear is essential. Whatever you wear on your feet the most important thing is comfort. It is vital to ensure your boots are well worn in and lightweight. Ankle support and waterproofing is recommended but if you already have something comfortable with good grip on rocks then don't go rushing out to buy new boots - you are better off with your well worn in pair!
2. Waterproof clothing : A plastic poncho is recommended and can be purchased easily in Cusco.
3. Small lightweight umbrella : Light umbrellas which pack away to almost nothing can be useful to keep away drizzle.
4. Plastic bags - to keep your belongings & clothes dry (wrap everything in plastic bags).

Toilet paper - Most important! Also small plastic bags for rubbish which can then be thrown in the main rubbish bag provided by the porters.

5. Small towel & basic personal toiletries. There is an opportunity for a shower at the campsite on the third night so bring travel size shampoo and shower gel if you would like to use it, plus wet wipes for the rest of the trek.

6. Water bottle - Bring 1 large (1.5 liter) or 2/3 small water bottles which can be refilled on the trek with boiled water which will be supplied when it is possible to make camp.

7. Warm clothing for nights - Fleece, long pants, woolen hat, and gloves

8. Thermal underwear - If trekking in winter or you feels the cold

9. Walking clothing in layers - e.g. zip off trousers, fleece, T-shirts

10. Personal medication and first aid kit - Band-aids, Imodium, Panadol, re-hydration sachets

11. Camera and spare batteries, memory cards and/or film - There are no electrical outlets on the trek so make sure you fully charge or/and have spare batteries!

12. Snacks - Chocolates, chips, biscuits, energy bars.

13. Torch - (flash-light or headlamp) - this is very important, and spare batteries.

14. Sunscreen, sunglasses and sunhat

15. Tropical strength insect repellent

16. Antiseptic hand gel

17. Swimwear - for hot pools at the Hot springs in Lares and Aguas Calientes - towels can be hired there for 3 soles.

18. Flip flops / thongs / sandals / jandals - good to change into at camp.

Trekking (long hikes):

\*\*It's important you bring snacks on your trip, you burn a lot of calories and do a lot of exercise walking the trek. Even if it's not a difficult trek the high altitude of certain locations causes your body to use more energy. You may encounter abnormal hunger and thirst, for this it is recommended to bring snacks to supplement your included meals.\*\*

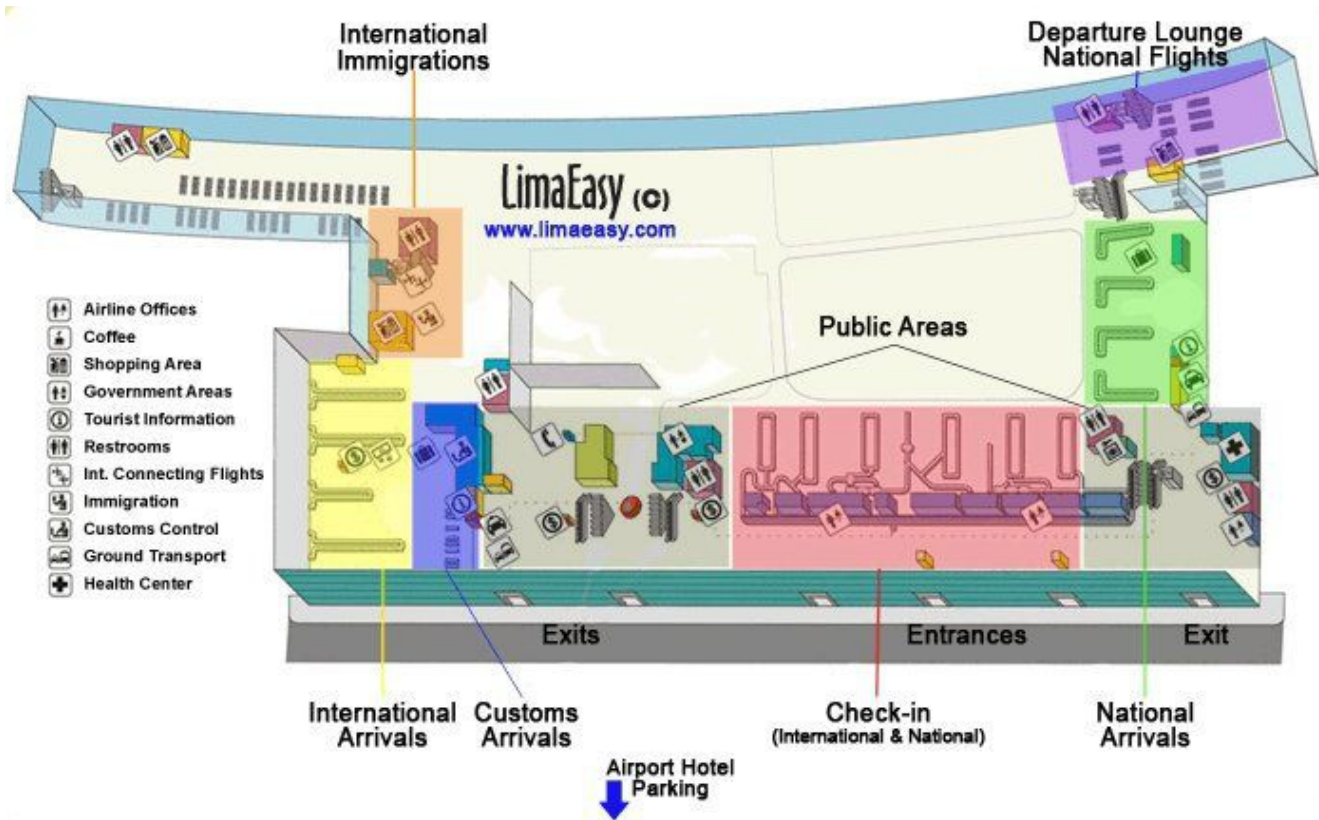


## ARRIVAL TIPS

- After you land in Lima you will exit your plane and make your way to Immigration to receive your temporary Visa. The queue for this line can get quite long, especially if you arrive at the same time as other international flights, causing you to wait over 20 minutes or longer. Our advice to you is to hurry to immigration and get a good spot in line. That is the Peruvian thing to do, the other would be to take your time and strike up a conversation with someone in line while you wait.
- At Immigration they will issue you a temporary visa, it is a little white slip that they tuck back into your passport after they stamp it (you fill out the visa on your flight before arriving in Lima.). It's very important that you keep and save this slip of paper as it is the only legal document that says that you are a foreign tourist in the country. With this document you will save money and not pay the IGV tax that all Peruvians have to pay. This means that it is important to have this slip on hand while checking in to hotels, if you do not have it you will be charged an extra fee at check in. All Hotels will ask for your passport at check in, they will make a scan or copy, this is normal procedure in Peru. If you do not have the temporary visa upon leaving Peru you will be fined and have to fill out a new one in order to leave.
- After immigration you head over to baggage claim, make sure you double check your bags ID with their respective numbers found on your airline tickets. Airport officials will be double checking that for you as well before exiting to Customs. Always keep an eye on your bags, even though theft has dropped considerably over the years, new theft is occurring between passengers.
- If your luggage does not arrive don't panic, check with airline personnel and set up contact information so they can notify you when your bag(s) arrives. Let them know where you will be lodged and they might even drop the bags off for you at your hotel.
- Customs is straightforward, the airport uses a technology that randomly chooses whether your luggage is inspected or not. If you are pulled out for inspection remain calm and do as the officer says. Any negative attitude toward the officer will just give him incentive to tax you on your personal laptop or iphone (both of which wouldn't normally be taxed). Custom officials don't normally pull out tourists and even if they do you won't get taxed unless you are bringing in merchandise to sell.
- Exiting customs you will go through large glass doors which lead into the reception area of the airport for the time being for international flights you need to exit via Door 2 out into the entrance of the airport, taxis and guides are directly in front of you passing two lanes of the quick drop taxi area. This area is beside a large building which is the Airport Hotel. You will see many taxis and guides, there we will be holding a sign with your names on them. For Domestic Flights you would exit Door 13 and directly in front of you would be the Taxis and Guides.

- You have been provided contact information of your hotel or guide in Lima, if for whatever reason you cannot locate your guide or hotel driver there are phones available throughout the airport. You can also ask Airport Customer service to call them over the intercom.
- All airports in Peru have a similar layout in which your guides and drivers will be awaiting you directly after you exit baggage claims.
- Never accept transport by someone who claims they are from your hotel without having your full name clearly written on their sign or paperwork. Many guides work on commission from the hotels and will try to trick you into a hotel transfer unknowingly you will then be charged for the ride upon arriving at a different destination.
- Please note that if you are touring around multiple Peruvian cities that not all guides may know your entire multi-city schedule. In fact to give you the best service we seek out the best guides in one particular location. For this reason it's important that you carry our contact information if you have any questions and always be aware of your itinerary, specifically flights and bus transfers.

## Jorge Chavez International Airport - Lima, Peru



## TOUR OPERATION & SCHEDULING

- From the time you arrive in Lima it is important know that the concept of time in Peru is not the same as the western world. In fact Peruvians as a culture are notorious for their lateness and laid back nature. For that reason alone agencies don't give out timetables for their tours. From an outside point of view this may seem chaotic but it really isn't. The key is communication.
  - Your guides will always be in communication as to when you depart on your tour and will even give you briefings on the next days activities the day before. If you have any doubts or are forgetful it is important that you always ask questions, our guides don't mind. We Peruvians are very inquisitive by nature it is because of this trait that we know what is happening when without much use of scheduling.
  - Timetables in fact would only confuse you as one change in the schedule would affect all others. Get to know your guides and if by any chance you are uncertain of when they are picking you up just contact your hotel front desk or call them directly with the contact information we provide for you at the end of this guide.
  - Most importantly don't worry yourself or get stressed out if your guide does not arrive at the designated time. Give them 15 minutes and then contact them by any of the means described above.
- \*\*Peru has only recently begun to combat excessive lateness at work by passing laws with new penalties for workers who arrive late at the job. Yes, that is how widespread and common the problem is.

## FOOD & TIPPING

- It is always wise to take it easy on the food when visiting a new country as you are never sure as how it might affect you. Same goes for Peru, start off light by ordering soups and light meals, slowly getting to more seasoned menus and heavy foods. Most guide books say street foods should be avoided, however those are often the most delicious of foods. Our recommendations is to try everything but always carry your Imodium AD and Ciprofloxacin to combat any stomach problems that could arise. And always carry a roll of toilet paper with you as most public bathrooms in Peru either make you pay for the paper or do not carry any.
- Bottled water is readily available in Peru, do not drink any tap water, not even to brush your teeth. We also recommend you avoid any salads or vegetarian menus at small restaurants. Vegetarian Menus are fine at larger tourist oriented restaurants as they are washed thoroughly.
- Tipping in Peru is rather new. Most restaurants in Peru will not require you to leave a tip unless they are a very high in class. For the most part tipping is up to you and is expected if

you are getting a service in which the server is not being compensated or paid for the service rendered. Small eateries where the menu is less than 10 soles do not require a tip. Like anywhere else in the world, if you thought your guide or waitress was helpful a tip would be a good thank you.

## SAFETY PRECAUTIONS

- Lima and Cusco like any other big city is not without its crime. Several measures can be taken however to avoid any risk of being targeted, the simplest of course is to look like a local. Avoid wearing any heavy jewelry, carrying bags or any items you can't put in your pocket.
- Cameras and cellphones are a big target for thieves. Try to only reveal your camera when you plan on using it, you can also wrap the camera chord around your wrist so if any person tries to snatch it out of your hands you will still have a tight grip.
- If you're carrying a small backpack wear it on the front side of your body or have a small lock in place to avoid anyone opening it while your back is turned.
- Avoid dark unlit streets and walking alone at night.
- Use ATM's during the day and make sure there are no foreign objects wedged in the card reader. Avoid unlit ATM's at night unless accompanied by a group.

## GENERAL TIPS

- Current exchange rate is 3.78 Soles (S/.) is equal to one US dollar, so approximately \$10 is S/. 38. In 2023 the exchange rate is predicted to be between S/. 3.60 to 3.80.
- You determine the price of a taxi fare before you get inside the taxi, the fare is collective for one ride and not per person. You should not have to pay any more than 25 (S/.) for a taxi ride less than 45 minutes.
- International calls are inexpensive in Peru, Locutorios or phone cafes are common throughout Peru. Internet Cafes usually charge 1 to 2 S/. for an hours use.
- Don't forget to try the Ceviche and Pollo a la Brasa, very popular and extremely good dishes of Peru.
- Always greet people with a Buenos Dias (Morning), depending of time of day; Buenas

Tardes (Afternoon), Buenas Noches (Night).

- Dogs are less friendly in Peru than they are in the USA, they are 10X as numerous so avoid getting too friendly.
- Walk slowly in Cusco and don't over exert yourself until you become adjusted to the altitude.
- Drink spiking is common at Nightclubs, never accept a drink from a stranger and look after your own drinks carefully.
- Our National Drink is the Pisco Sour, please don't go home without trying one. Our best beers are Cristal, Pilsen Callao and Cusqueña.
- Don't be fooled there's a lot to see in Lima. Don't miss out on the Magical Water Circuit and visiting Pachacamac.
- Avoid street food to avoid any stomach infections and illness. Try to eat at restaurants or hotels.
- Always ask for a receipt when booking tours outside of our programs, you get what you pay for in Peru and cheap tours are normally poorly run.
- Hostels normally only have a limited amount of hot water. Try to Shower early or late at night to avoid a cold shower.
- Peru has several of the world's micro climates, for this reason each region has different weather. Pack accordingly; hot weather on the coast and Jungle and cooler weather in the Andes.
- Peruvians like to drink socially, don't be surprised if a beer bottle gets passed around with only one glass. This is the norm.
- Peru runs in relaxed mode, punctuality is not emphasized. Take a breathe and don't stress out over timetables.
- Most restrooms in Peru do not have Toilet Paper. Try to always carry some with you, otherwise use paid restrooms or bathrooms in Malls and Restaurants.
- Don't get paranoid about safety just be Mosca (Awake), & most importantly have fun!

## RESTAURANT RECOMMENDATIONS

### LIMA

#### – WA LOK

Without a doubt the best Cantonese food outside of China. Located in the heart of Lima's China Town, Wa Lok is a revelation, truly great food that leaves you eager just waiting for your dish to be served. Some dishes to try are the dumplings and spring rolls as well as the Arroz Chaufa, their specialty however is their roasted duck and dim sum. We advise that you visit Wa Lok during the day or with a guide in the evening as it is located in the Central Market where you have to walk in. Once inside however you won't want to leave, and yes they serve big portions so it's best to visit on an empty stomach.

*Jr. Paruro 864-878, Cercado de Lima*

*Mon - Sun, 9am - 10pm, closes early on Sunday*

#### – ASTRID Y GASTON CASA MOREYRA

Run by the charismatic Gaston Acurio known as Peru's culinary ambassador to the world. This chef and his wife put together some of the best Peruvian food in Lima. The fusion of tastes found at this restaurant are truly unique and have won the restaurant many awards as one of the best in Lima. Order their 8 dish sampler and for \$50 you will be treated to the best dining experience you've have ever had.

*Av. Paz Soldán 290, San Isidro, Lima.*

*Tues. - Sat, Lunch 1pm - 2pm, Dinner 7:30pm - 9pm*

*<http://www.astridygaston.com>*

#### – OCEANIKA

If you are a sushi and seafood lover then this place is for you. For about \$15 you can have all you can eat sushi rolls. The restaurant itself is large and airy and reminds you of a cafeteria but the food quickly sets it apart from any other dining experience. Remember to order the "barra libre" and your waiter will be quick to point out which part of the menu you can order rolls from as there are many types to choose from. You will be served 10 rolls of a specific type of your choosing per person, some of the rolls include a fusion of Peruvian inspired rolls like the Huancaína roll or the Lomo Saltado. Some of our favorites are the Huancaína roll, the Tempura Roll, Crispy Roll and the Tutti Fruti roll.

*Av. Primavera 679, Santiago de Surco*

*Mon - Sun, 12:30 - 4pm, 7pm - 11pm. Open late on weekends.*

*[www.oceanikarestaurante.com](http://www.oceanikarestaurante.com)*

## CUSCO

– CICCIOLINA

One of the best restaurants in the Imperial City. A Peruvian restaurant with Mediterranean influences, great flavors and professional service.

*Calle Palacio 110, Cusco*

– *Tel. 084-239510 for reservations*

*Mon - Sun, 8am to 10:30pm*

**[www.cicciolinacuzco.com](http://www.cicciolinacuzco.com)**

– INCANTO

One of the great restaurants from up and coming chef Coque Ossio. High quality cuisine and a very pleasant dining experience.

*Santa Catalina Angosta 135*

*Tel. 084-254753*

*Mon - Sun, 10:30am to 11:00pm*

– QUINTA EULALIA

The place to eat Guinea Pig, Corns, Rocotos, soups etc. Cusco's eternal kitchen. Lunch only.

*Choquechaca 384*

*tel. 084-241380*

*Mon - Sun, 12pm to 3:00pm*

## AREQUIPA

– SOL DE MAYO

The grand restaurant of Arequipa. Decades perfecting the regional gourmet of Arequipa. Try the fried Shrimp and soups, a dish for every craving.

*Jerusalen 207, Yanahuara*

*Tel. 054-254148*

*Mon - Sun, 11am to 7:00pm*

**[www.restaurantesoldemayo.com](http://www.restaurantesoldemayo.com)**

– LA NUEVA PALOMINO

Located in a beautiful neighborhood in Arequipa and owned by a beautiful lady as well, this restaurant is a jewel in itself. Known to be the best Picanteria (Spicy Food) in Arequipa, it honors its category and concept of Arequipeñan food. A must visit if you want to eat a great Rocotto Relleno (Stuffed Chili Pepper) or any of the other hot and spicy dishes of Arequipa.

*Pasaje Leoncio Prado 122, Yanahuara*

*Tel. 054-252393*  
*Mon - Sun, 12pm to 5:30pm*

You can ask your guides in each location you visit for restaurant recommendations, they will know the best places to eat in town. Local markets are also a good place to get budget meals, though to avoid an upset stomach you should consider dining at restaurants. Outside of Cusco and Lima there are few vegetarian options so make sure you pack supplements .

## **LANGUAGE GUIDE**



Below are some phrases you should review to make your trip all the more rewarding and stress free. For the most part body language alone will help you communicate with the locals. Peruvians are very friendly and eager to meet you and help you communicate with others. In cities such as Cusco and Lima there are much more English speakers then other parts of the country.

### Phrases when Meeting People

Hello	Hola
How are you?	Como Estas?
Good	Bien
Bad	Mal
Thank You	Gracias
Yes	Si
No	No
Please	Por Favor
Excuse Me	Disculpame
Nice to Meet You	Encantado de Conocerle
Good Morning	Buenos Dias
Good Night	Buenas Noches
What is Your Name?	Como te Llamas?
Do you Speak...?	Habla Usted..?
English	Ingles
Spanish	Castellano (Casteyano)
I Do Not Understand	No Entiendo
You are Welcome	De Nada
Goodbye	Adios

### Directions

Map	El Mapa
Left	Izquierda
Right	Derecha
Straight	Directo ( De Frente)
Far	Lejos
Near	Cerca
1 Block	Una Cuadra
2 Blocks	Dos Cuadras
Over There	Alli (Ayi)

### Transportation Phrases

Where is...?	Donde Esta...?
How Much is the Fare?	Cuanto Esta el Boleto?
Ticket	Boleto
A Ticket to..., Please.	Un Boleto para..., Por Favor.
Where are you going?	Hacia Donde Vas?

Where Do You Live?

Train  
Bus  
Airport  
Train Station  
Bus Station  
Departure  
Arrival  
Parking

Donde Vive Usted?

Tren  
Autobus  
Aeropuerto  
La Estacion de Tren  
La Estacion de Autobuses  
Salida  
Llegada  
Estacionamiento

## Time

What Time Is It?

Today  
Yesterday  
Tomorrow  
Noon  
Afternoon  
Evening  
Half Hour

Que Hora Es?

Hoy  
Ayer  
Mañana  
Medio Dia  
Tarde  
Noche  
Media Hora

## Accommodation

Hotel  
Room  
Reservation  
Are there any Vacancies?  
No Vacancies  
Passport

Hotel  
Cuarto  
Reservacion  
Tienes Habitaciones?  
No hay Lugares.  
Pasaporte

## Places

Post Office  
Bank  
Police Station  
Hospital  
Pharmacy  
Shop  
Restaurant  
Museum  
Church  
Square  
Street

Oficina de Correo (Postal)  
Banco  
Estacion de Policia (Comiseria)  
Hospital  
Farmacia  
Tienda  
Restaurante  
Museo  
Iglesia  
Plaza  
Calle

## Shopping

How Much Does it Cost?  
I Will Buy it  
I Would Like to Buy...

Cuanto Cuesta?  
Lo Compro  
Me Gustaria Comprar...

Do You Have...?  
How Much Will you Give Me for..?  
(Bartering)

Open  
Closed  
Postcard  
Stamps  
Little  
A Lot  
All

Do You Have in Size...?

Small  
Medium  
Large  
Extra Large  
Too Expensive  
No Thank You

### Meals

Breakfast  
Lunch  
Dinner  
Vegetarian  
Cheers!  
The Bill Please  
Menu  
Specials  
Drink Menu  
Bonn Appetite!

Tienes usted..?  
A Cuanto Me Dejas..?

Abierto  
Cerrado  
Postal  
Estampilla (estampia)  
Poco  
Mucho  
Todo

Tienes en Tamaño (Tamanyo)

Pequeño (Peqenyo)  
Mediano  
Grande  
Extra Grande  
Muy Caro  
No Gracias

### Food

Meat  
Fish  
Pork  
Vegetable  
Fruit  
Potato  
Salad  
Dessert

Carne (Res)  
Pescado  
Cerdo  
Verduras  
Fruta  
Papa  
Ensalada  
Postre

### Drinks

What Drinks do you Have?

Drink  
Coffee  
Tea  
Juice

Que Bebidas Tienen?

Bebida  
Cafe  
Te  
Jugo

Water  
Wine  
Cocktails  
Soda (Pop)  
Beer

Agua  
Vino  
Cocktail  
Gaseosa  
Cerveza

## **Emergency Contact Information**

Before contacting our Main Offices please speak to your local guides first in the city you are currently located. For Emergencies as well contact your local guides below first, If you need assistance on your overall tour or multi-city tour package then contact our main offices directly.

**Karikuy Tours Peru Main Office**

Office Phone Number (Lima) - 1-367-0303  
Emergency Cell Phone Number - 988539877  
US Toll Free Number - 1.888.802.4622  
Email: booking@karikuy.com

**Ica / Nazca / Arequipa Guide**

Office Phone Number (Lima) - 1-367-0303  
Emergency Cell Phone Number - 988539877

**Puno Guide**

Willy Lopez  
Office Address: Deustua Street #576  
Office Phone (Puno) 051-53979  
Cell Phone: 951596722 / RPM #346622

**Cusco Guide**

*Machu Picchu Sunrise Tours/ Conventional Tours contact #:*

Oscar Marin  
Office Address: Villa Union Huancaro G-2  
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